

**WINNEBAGO COUNTY
AGING & DISABILITY RESOURCE CENTER (ADRC) COMMITTEE**

MEETING MINUTES

DATE: March 12, 2018

TIME: 3:00 p.m.

PLACE: Neenah Human Services Building, Room 008

Members Present: Susan Locke, Mike Norton, Harold Singstock, Pete Christianson, Michael Conley-Kuhagen, Donna Lohry, Paul Janty, Kate Pfaendtner

Members Excused: Debra Hogue, Eileen Leinweber, Claire Steger

Staff Present: Beth Culp, Mark Weisensel, Brian Nagler, Pam Bartelt, Julienne Gohde

Others Present: Bree Goodearle, Eli Ashely, Jean Wollerman, Cheryl Richard, Joann Murphy Spice

Donna Lohry called the meeting to order at 3:00 p.m.

1. Public Comments:

Joann Murphy Spice from Winnebago County Health Department passed out brochures for Healthy Aging classes for Strong Bones, Stepping On, and Tai Chi classes.

2. Approve Minutes of the February 12, 2018 ADRC Meetings:

Mike Norton moved for approval of these minutes as written; seconded by Susan Locke and carried.

3. Senior Center Presentations- Menasha, Oshkosh, and Omro

Cheryl Richard is the Menasha Senior Center Director and the YMCA Coordinator for Neenah-Menasha. Working on incorporating the 7 aspects of wellness into all aspects of both the Senior Center and the YMCA, which include intellectual, physical, social, spiritual, environmental, financial, occupational and emotional. They are adding a Stepping On class at the YMCA, an evidence based balance program for seniors to help them prevent themselves from falling. Menasha Senior Center will also offer a Strong Bones class which is a 12 week program, along with St. Paul's Church and the YMCA. A 12 week class will be held at each location for a total of 36 weeks of classes between the 3 sites. A Healthy Living with Diabetes class will begin in fall. Lunch and Learn classes are currently being held once per month with a variety of speakers. Pickle ball will be starting soon again. They are looking to implement a tracking system to track what seniors are doing while they are in the building. The ADRC funding they receive is used for payment to teachers of classes (Strong Bones, Tai Chi) and for training of the Silver Sneaker teachers.

Jean Wollerman is the Senior Services Manager for the City of Oshkosh. The Oshkosh Senior Center has 2 buildings: North and South. The South building houses the ADVOCAP meal site, social, educational and art enrichment classes, Winnebago Senior Tours, and meeting rooms. The North building is used primarily for exercise classes and also houses a woodshop. They are using

Schedules Plus software for tracking purposes and have seen an increase in male participation in 2017. The Senior Center has seen a large amount of seniors using the facility for fitness, however they are currently lacking staff. Other wellness opportunities include screenings, presentations and health fairs. They also have programming that includes art classes, games, cards, social and special events. The Strategic Plan includes improvement on planning processes, technology and online services, and enhancing, improving and expanding special events and programs, and improving volunteer systems and processes. Overall focus is to “Improve the Quality of Life”; committed to offer a variety of social and physical programs for individuals living in Oshkosh community and the surrounding areas. ADRC funds go towards programming, staffing and fitness aspects of the center. ADRC staff that goes to the center for outreach has been very important and useful to the Senior Center Staff. The ADRC resource manual has been a fantastic resource to them.

Eli Ashley is the Executive Director and Bree Goodearle is the Community Services Coordinator of the Omro Area Community Center, which is comprised of a 6 member board and a director. The ADRC funding pays the Director’s salary. The Omro Community Center is an intergenerational center offering a variety of programs and services to Omro and the surrounding area. Programs and Services include: Rental space to the community, ADVOCAP meal site, Little Fox Literacy Program, Dolly Parton’s Imagination Library, Seasonal Events (Breakfast with Santa, Rhubarb Fest), Coffee Clutch, Babysitting/Home Alone classes, Chair exercise, Strong Women, Strong Bones class, Bingo, Yoga, Tae Kwon Do and Walk off the Pounds. Making the Ride Happen can provide transportation to those who need it.

4. Member Orientation Manual

Board members have found this user friendly but have a few questions. Beth will place on April agenda. **Bring your manual to the April meeting.**

5. Emergency Protective Placement Facilities Update

An emergency placement took place late Friday afternoon (3/10/2018). Adult Protective Services (APS) received a call from Winnebago County Health Department nurse. A gentleman was released to his home from after having a surgery, and had to draw up insulin on a sliding scale four times per day. He was unable to do this on his own and needed to be in a facility. With the help of the APS, he was able to be placed at Eden Brook, which is a part of the APS Emergency Protective Placement (EPP) network. They admitted him but wanted the County’s backing in case his insurance would not pay for the weekend. This wasn’t an EPP but was an emergency placement.

Shannon Hurlburt was contacted for EPP for a resistive person. Doctor had stated that this person was incompetent and needed a guardian. The family was working with a private attorney on this process. She would not go to the nursing home as the family had wanted, so an EPP was needed. She was placed in Fond du Lac. She has had sever behaviors over the weekend due to Lewy bodies Dementia (symptoms mirror mental health episodes, i.e. hallucinations). The psychiatrist thinks that it is undiagnosed mental health. The APS was contacted to have her placed in the appropriate place. In good faith, they made phone calls to look for a facility with a locked unit. One was found in Stoughton, which has a Geriatric Psych Unit, which feels that they will be able to serve her. There are not many of these facilities in the state.

6. New Board Members for August

Looking for New Board Members come August 2018. Please contact Beth if you have any suggestions. ADRC committee has no limitations for term length, however the Commission on

Aging Board Members are allowed up to two 3 year terms. Terms are unable to be extended. Once a board member is off for one year, they are eligible to return. The ADRC Committee Board must consist of a minimum of 50% representing aging, and someone representing the other two populations: physical and developmental disabilities.

7. Reports:

a. Manager Report – Beth Culp

Beth is submitting the Dementia Care Specialist Application next week and will be submitting application on our own. Beth is putting together letters of support to include with this submittal.

b. Complaints / Grievances – Beth Culp

None to report

c. Committee member updates

Mike Norton attended the National Association of Counties (NACo) Conference. He would like to Support the Social Service Block grant to make sure that President Trump does not cut it from the budget. Make sure to contact representatives to make sure that it does not get cut. Brochures on this topic will be emailed to Board Members on this.

Donna Lohry attended a meeting at the Sherriff's Department where the procedure was explained should there be a school incident. Any calls that come in will go to all departments. They are trained to follow the sound for example, shooting down a corridor.

8. “Community Beat” – Sharing of Compliments / Complaints from Community, Consumers, Providers – Committee Members

No reports.

9. Next Meeting – April 9, 2018 Oshkosh Human Services Building, Room 33, Downstairs

With no further business, Mike Norton moved for adjournment; seconded by Pete Christianson and carried at 4:45 p.m.

Respectfully submitted: Julienne Gohde, Recorder