

**WINNEBAGO COUNTY  
AGING & DISABILITY RESOURCE CENTER (ADRC) COMMITTEE**

**MEETING MINUTES**

**DATE:** September 10, 2018

**TIME:** 3:00 p.m.

**PLACE:** Oshkosh Human Services Building, Room 33

**Members Present:** Susan Locke, Harold Singstock, Claire Steger, Pete Christianson, Kate Pfaendtner, Rob Paterson, Jan Olson

**Members Excused:** Paul Janty, Tanisha Alvarado, Michael Conley-Kuhagen

**Staff Present:** Beth Culp, Mark Weisensel, Julienne Gohde, Rebecca Groleau

**Others Present:**

Mark Weisensel called the meeting to order at 3:00 p.m.

**1. Public Comments:**

None

**2. Approve Minutes of the August 13, 2018 ADRC Meetings:**

Claire Steger moved for approval of these minutes as written; seconded by Pete Christianson and carried.

**3. 2017 Respite Data**

Based purely on respite coding; there were 12 people for \$26,438.

**4. Aging Plan:**

The following are the Winnebago County Aging Plan Goals for 2019-2021.

**6A. Advocacy Related Activities:**

Goal #1: By 11/30/19, the County Aging Unit/Aging and Disability Resource Center will inform the COA/ADRC Committee members of the issues affecting them contained in the State of Wisconsin's 2019 – 2020 proposed budget bill. A special educational meeting will be conducted to do this.

Goal #2: By 4/31/20, to inform older adults about their voting rights, the CAU/ADRC will inform elderly and/or disabled citizens of their voting rights by hosting two public educational forums on voter rights. These two forums will be attended by a minimum of forty people in total.

Goal #3: By 12/31/21, to assist older adults in making informed decisions regarding policies that may affect their lives, The CAU/ADRC will offer two public education sessions, reaching at least fifty people in total, on local, state and federal issues.

#### 6B. The Elder Nutrition Program:

Goal #1: By 12/31/19, in order to improve knowledge on food safety to our senior citizens, food safety educational sessions will be conducted, along with handouts provided to a minimum of fifty meal participants.

Goal #2: By 12/31/20, a healthy recipe exchange will be started at 80% of the senior dining sites. Participants of the senior meal program will bring a recipe to share and ADVOCAP will compile the recipes into a recipe book and distribute them to a minimum of sixty interested parties.

Goal #3: By 8/31/21, educate 80% of congregate meal participants of how oral health is connected to overall health. This will be accomplished by conducting two education sessions with guest speakers on oral health and by conducting oral health screenings of a minimum of thirty people by local dentists.

#### 6C. Services in Support of Caregivers:

By 12/31/19, to assist older adults and caregivers in learning more about issues that directly affect them, the CAU/ADRC of Winnebago County will partner with the Alzheimer's Association, and the Oshkosh Seniors Center to provide a no cost Winnebago County Caregiver Conference which will serve a minimum of 60 people.

Goal #2: By 12/31/20, the CAU/ADRC will have surveyed 100% of the members of the Winnebago County Grandparents Raising Grandchildren Support Group to identify if they feel their needs are being met by the Support Group. This survey will have a minimum of 10 questions on it and will be composed by a survey professional from the University of Wisconsin – Oshkosh. Based upon the results of the survey, at least three identified needs will be implemented by and for the Support Group.

Goal #3: By 8/31/21, the CAU/ADRC will have published in local newspapers and on Facebook, four articles on how caregivers can take care of themselves so they do not burnout in caring for their loved ones. The ADRC dementia care specialist will be trained as a class leader in the Powerful Tools for Caregiving class. She will offer at least one class in 2021. The dementia care specialist will provide two informational education sessions to the public on the National Family Care Support Program and the Alzheimer's Family Care Support Program, and how customers can access this funding. These sessions will be attended by at least twenty people in total.

#### 6D. Services to People with Dementia:

Goal #1: By 12/31/19, in order to increase early detection of memory loss and/or dementia, the CAU/ADRC staff will hold at a minimum of six memory screening events resulting in a minimum of thirty people being screened in total.

Goal #2: By 12/31/20, to increase education and awareness on issues of dementia, ADRC staff will give a minimum of 12 public presentations on dementia to various community groups with a minimum of 100 people attending them in total.

Goal #3: By 8/31/21, to give caregivers and persons with dementia a social outlet, the CAU/ADRC staff in conjunction with other agencies, will sponsor at least five Memory Cafes' in five different locations within Winnebago County, with a least one in the rural area, with a minimum of forty people participating in total. These Cafes' will be advertised in the local papers within Winnebago County and on the ADRC Facebook page.

#### 6E. Healthy Aging:

Goal #1: By 12/31/19, to improve access to diabetes education for the residents of Winnebago County, at least one new Healthy Living with Diabetes 6-week course will be conducted and serve a minimum of 10 people who have diabetes.

Goal #2: By 12/31/20, in order to increase opportunities for older people in Winnebago County to exercise which can improve overall health, the CAU/ADRC will increase Tai Chi offerings to five classes with a minimum of least fifty people participating in total. At least one of these classes will be offered in the rural area.

Goal #3: By 5/31/21, Winnebago County will be offering a minimum of five different evidence based health promotion classes to its residents in five different locations throughout the County through a partnership with the Winnebago County Health Department and other agencies. There will be a minimum of ten participants in each class.

#### 6F. Local Priority – Transportation:

Goal #1: By 12/31/19, in an effort to improve access across county boundaries to the aging and/or disability population of Winnebago County, the CAU/ADRC will identify and partner with a local transportation provider to provide a minimum of thirty one rides for disabled citizens across county boundaries.

Goal #2: By 12/31/20, CAU/ADRC staff will work with one local employer to provide transportation to and from their place of business for ten people who do not have a way to get to and from their place of work.

Goal #3: By 10/31/21, in an effort to identify older adult transportation issues and have their voices heard, a minimum of three specialized transportation users will be added to the Winnebago County Specialized Transportation Council and attend a minimum of 75% of the scheduled meetings.

5. **Conference Plans:** Susan Locke, Harold Singstock and Pete Christianson will be representing the ADRC committee at the ADRC conference at the Kalahari in Wisconsin Dells.

6. **Emergency Protective Placement Facilities/Mobile Crisis Update:**

None to report

7. **Reports:**

- a. Manager Report – Beth Culp

None to report

- b. Complaints / Grievances – Beth Culp

None to report

- c. Committee member updates

Pete Christianson stated that the Winchester/Larsen Lion's Club Medical Locker is very busy. They could use more volunteers. The Medical Locker is open Tuesdays from 10:00am-1:00pm and Saturdays from 12:00pm-1:00pm. The Lions Pancake Breakfast will be Sunday, October 14<sup>th</sup> from 8:00am to 1:00pm.

Harold Singstock suggested that we show appreciation to the printing company for doing the Resource Manual. Mark stated that he did through a letter and a Facebook post.

Claire Steger is wondering if Lakeland Care is going to be for profit since they are going from a quazi-governmental body to a privately owned body and who they would be held accountable to.

8. **“Community Beat” – Sharing of Compliments / Complaints from Community, Consumers, Providers – Committee Members**

No reports.

9. **Next Meeting – October 8, 2018** Neenah Human Services Building, Room 008, Downstairs

With no further business, Kate Pfaendtner moved for adjournment; seconded by Pete Christianson and carried at 4:30 p.m.

Respectfully submitted: Julienne Gohde, Recorder