



## Description of Services

Christine Ann Domestic Abuse Services, Inc. offers a variety of programs and services to assist women, men and children experiencing domestic abuse in Winnebago and Green Lake Counties.

**Emergency Shelter-** The Christine Ann Center offers safe, accessible, temporary housing for those seeking safety from domestic abuse. Services such as safety planning, emotional support, and assistance with accessing community resources are provided in a welcoming and supportive environment where clients' basic needs are provided.

**24-hour Crisis Line-** Trained Advocates respond to needs of callers any time of day or night, providing emotional support, education on power and control tactics, effects of abuse, and healthy relationships, and information about community resources available in Winnebago and Green Lake Counties.

**Voice/TTY**

**Advocacy-** Advocates provide safety planning, emotional support, assistance with exploring options, education on abuse dynamics and healthy relationships, and information on and referrals to community resources for individuals and families experiencing domestic abuse.

**Legal Advocacy-** Advocates assist clients with exploring legal options and resources. This may include providing support as they participate in the criminal or civil legal system, help with restraining order paperwork, information about the divorce or separation process, and referrals to legal resources in the community.

**Group Support-** Support Groups at Christine Ann provide a safe environment in which to come together with others who share similar experiences to discuss the effects of domestic abuse, learn about power and control dynamics and qualities of healthy relationships, and share your personal story.

**Standing Strong Program-** Standing Strong is a comprehensive program which strives to empower domestic abuse survivors to increase their self-sufficiency by helping them to plan for and achieve their educational and/or employment goals through individualized self-sufficiency plans. Participants in the program have access to supportive services, such as ongoing advocacy, safety planning, intensive case management, and referrals to community resources.

**Youth Services-** The Youth Team at Christine Ann provides support and education for awareness of issues surrounding domestic and dating violence for children and teens. Advocates work closely with youth to understand healthy relationships, build self-esteem, identify and express feelings, as well as create individualized safety plans. Services are also available for aggressive youth and teens who struggle to express their feelings in a healthy manner. Advocates provide 1:1 and group support, as well as parent support and assistance in developing a family safety plan. Services are provided in Winnebago and Green Lake County schools and at the Christine Ann offices in Oshkosh, Neenah, and Green Lake.

**24 Hour Crisis Line**

**(920) 235-5998      1(800)261-5998**



The Power & Control Wheel shows the behaviors abusers use to get and maintain control in their relationships. The Wheel is a symbol to show the relationship of physical abuse to other forms of abuse.

Battering is an intentional act, used to gain power and control over another person. Physical abuse is only one part of a whole system of abusive behavior which an abuser uses against a partner. Violence is never an isolated behavior.

For help or more information, please call CADASI at 729-6395 or 235-5998.



Christine Ann Domestic Abuse Services is fortunate to have a team of four advocates who are dedicated to providing advocacy services to the youth affected by dating and domestic violence in Winnebago and Green Lake Counties. The Youth Services Team is easily accessible, as they are available to come to elementary, middle, and high schools to meet with youth and there is no charge for their services. Below is a brief description of what each advocate is able to provide:

Kaci, the **Youth Services Team Leader/Children's Advocate** works with children 12 years old and younger in both shelter and on an outreach basis. She helps provide children with a safe person to talk to about the abuse they have witnessed. In working with children, her main goals are to create safety plans, build self esteem, help children identify and express feelings, and identify healthy relationships. In addition, this advocate works with parents in developing their own set of skills, unique to their own family situation that empowers parents to appropriately respond to their children's needs. The Children's Advocate also educates parents on child development. She can provide 1:1 support, support groups, and individual or family safety planning.

Shawna, the **Youth and Prevention Advocate** works with children and teens in both shelter and on an outreach basis. She provides prevention education on healthy relationships to youth to bring awareness of the issues of domestic and dating violence. In addition, she meets with youth who display aggressive behaviors by working on expressing their feelings in a healthy manner. She can provide 1:1 support and six week support groups, as well as parental guidance and support in understanding the issues that youth encounter.

Brooke, the **Teen Advocate** works with teens in both shelter and on an outreach basis. She works with teens identified as victims of dating violence or exposed to domestic violence. She helps teens evaluate their relationships by identifying a safety plan, warning signs, and healthy relationships. She also advocates for teens that have witnessed and experienced domestic violence in the home through education in the realm of domestic violence and providing the tools needed for teens to be safe. She can work with parents of teens to offer options, information, and support relating to teens and dating violence. She provides 1:1 support with teens and support groups.

Bryan, the **Prevention Advocate** provides prevention education on healthy relationships to youth to bring awareness of the issues of domestic and dating violence in classroom presentations. He also collaborates with Reach Counseling and together, the agencies educate youth on sexual assault and domestic violence.



## Camp 1



### EQUINE (HORSE) THERAPY

Teens will work with horses and Christine Ann Staff to learn about healthy relationships, communication and create new friendships. Daily activities will include horseback riding, team building, and other hands on activities.

*Snacks and lunch provided every day.*

### WIND SURFING/SAILING

While both on and off the water, teens will learn about healthy relationships, communication and create new friendships. Daily activities include sailing, wind surfing, team building and other hands on activities.

*Snacks and lunch provided every day.*

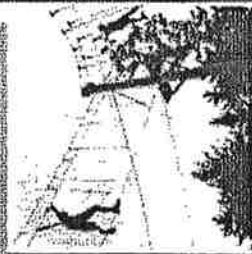
## Camp 2



### ROPES COURSE

On the final day of each camp, participants will complete a ropes course. This is a fun, challenging outdoor personal development and team building activity. This experience emphasizes four core values: caring, honesty, respect and responsibility. For the safety of the campers, most of the ropes course takes place only a few feet above the ground. A high ropes course option is available for those interested.

## Ropes



# Factoring in love, time, energy & relationships

**PROVIDES TOOLS TO BETTER UNDERSTAND AND BUILD HEALTHY RELATIONSHIPS WHILE INCREASING SELF-ESTEEM!**

**Limited spots available!**

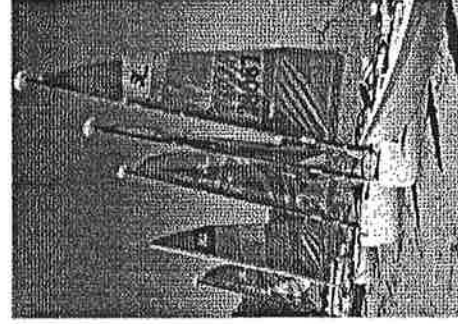
**To apply, mail or drop-off application at:**

Christine Ann Domestic Abuse Services, Inc.  
Teen F.I.L.T.E.R  
206 Algoma Blvd.  
Oshkosh, WI 54901

**Or fill out online application located at:**  
**[www.christineann.net](http://www.christineann.net)**

A one hour orientation for parents/guardians will be held before teen attends camp.

Teen F.I.L.T.E.R Camps are offered at **no cost to campers** thanks to generous grants and community donations.



## Camp requirements

- 13 to 17 years old.
- Willing to dedicate five days to camp. (7:30 a.m. to 4:30 p.m.)
- Interested in learning about healthy relationships.
- Excited to experience sailing or horseback riding.

**What teens said after attending camp**

**"I am beautiful in my own way."**

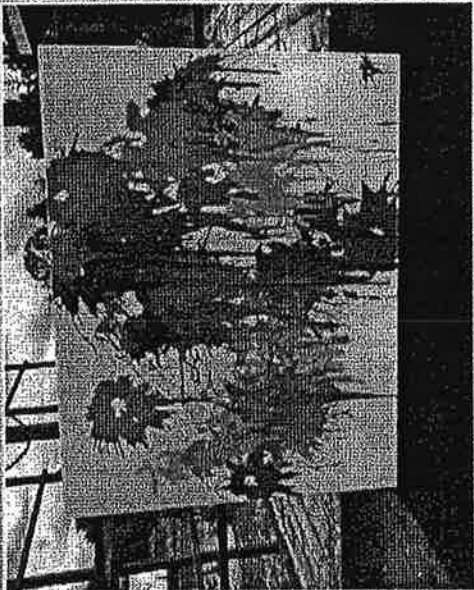
**"Camp helped me understand myself and how to build healthy relationships."**

**"I learned that no one can control me in a relationship. I'm my own person with my own choices."**

**"I learned that I am worth something."**

# Teen F.I.L.T.E.R. Camp

(Factoring In Love, Time, Energy & Relationships)



**F.I.L.T.E.R. Camp** is great opportunity for teens ages 13-17 to build new skills, get outside, and learn how confidence and self-esteem affect their relationships in a fun and supportive environment.

“Camp was one of the best weeks I have ever experienced. I learned so much about myself, horses, and healthy communication. I made some wonderful friends who made the week fantastic. All of the leaders, counselors, and staff were great as well. I learned about how to be myself around others.”

Five days of camp provides teens with the tools to better understand and build healthy relationships while also increasing their self-esteem.



**Christine Ann**  
DOMESTIC ABUSE SERVICES, INC.  
HELP IS HERE

Phone: 920-235-5998  
Fax: 920-235-2572  
info@christineann.net  
www.christineann.net

# Teen F.I.L.T.E.R. Day Camps



**Factoring In Love, Time,  
Energy & Relationships**



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