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## Extension Winnebago County Review

JANUARY 2021

*The Extension Winnebago County team continues to extend research-based information and provide outreach education programs to the residents of Winnebago County and beyond. Please take a few moments to explore some of the highlights of the last month.*

### **4-H Youth Development - Dana Berger** [dana.berger@wisc.edu](mailto:dana.berger@wisc.edu)

- 4-H Project Days! Project Days are planned in lieu of 4-H Fun Day. Project boxes and Zooms are scheduled:
  - Feb: Easy Microwave Truffles and How to Hand Stitch a Quilt Square
  - March: Irish Soda Bread and Sew A Baby Yoda
  - April: Marbled Coffee Mugs and Flower Pot/Globe Treat Dispensers
  - May: Science Experiments and Fun with Rocketry
- YAC Mini Meets: I have been coaching our Youth Advisory Committee. They are taking turns teaching project workshops. This provides an excellent opportunity for youth leadership skills:
  - January: Horse Tack and Riding Styles Basic
  - February: Swine Showmanship
  - March: Instapot Cooking
  - April: Photography
  - May: Dairy Showmanship
  - June: Public Speaking Skills
  - July: Artistic Tin Punch
- 2021 Summer Camp: Our camp committee has begun to make plans for summer camp at Norbert Rich Woods. We will be holding a 1-day, day camp for grades 3-5 and a 2-day, day camp for grades 6-8 with the possibility of a tent camp for one night (depends on Covid situation)
- 2021 Scholarship and Key Awards: Applications are due the end of February. Would Steve Binder be interested in sitting in on interviews again in April?

### **Financial Education - Todd Wenzel** [todd.wenzel@wisc.edu](mailto:todd.wenzel@wisc.edu)

**Presenter-** refer to the full report included in the meeting packet.

## FoodWise - Kris Soper

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- This month the FoodWise team is working on Virtual Cooking Matters Lessons. The lessons are virtual and are open to WIC participants in the COWW counties. A lot has been put into these lessons from state meetings, video recordings, closed captioning and much more. There are two lessons that will be shared a few times. The lessons are called Keep Calm and Cook On.
- FoodWise has finished up with the Mapping lessons put on by Teresa Curtis from the state office. This has allowed us to see where pockets of poverty are in our counties. These mapping lessons has helped us with possible food insecurity in our area/COWW
- The Winnebago County Food Security Project is up and running. Meetings are scheduled for the rest of the year. Our goal is to figure out where we fit and do what is needed to help the food insecurity in our area. FoodWise is working with local partners on this project such as Public Health and the Appleton Library to name a couple.
- I will be participating in a professional development called Healthy Schools Bootcamp. It starts in January and runs twice a month through April.
- I contacted fifth grade teachers at Webster School and will be working with them. I will be teaching virtually in their classrooms teaching 5th grade nutrition.

## Community Development - Mia Ljung

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- December was light on events but heavy on “behind the scenes” work internal Extension initiatives, such as two three-day conferences, continue to build the leadership core team with the ColorBold Business Association, and lead the Extension’s Communication subgroup forward in the Dean’s Initiative #8 - Task Force for Inclusive Recruitment, Hiring & Retention Strategies.
- I have been working with a team including Kim Miller and the City of Oshkosh in light of the [Community Garden RFP](#) that was launched last fall to create a sustainable plan for the Phoenix Rising Community Garden. Still many barriers to work through like unknown soil quality, setbacks, liability, and small parcels.
- With my counterpart in FDL County Diana Hammer, I was asked to co-lead the 18 county wide [NEW North](#) D&I Roundtable subgroup on Entrepreneurship and Small Business.
- Next ColorBold Spotlight of the month will be with Kou Yang. Kou is a Hmong-American first-generation college graduate who received a Bachelor of Business Administration in Accounting from the University of Wisconsin-Oshkosh. In 2019, he paused his career and cofounded Us 2 Behavioral Health Care with his wife. Us 2 Behavioral Health Care is a nonprofit mental health clinic located in Appleton, Wisconsin. Tuesday Jan 19, 1-1.30 pm on Facebook Live: <https://fb.me/e/522NYoPk1>
- Upcoming program with the [ColorBold Business Association](#) will again be in partnership with [WWBIC](#), Appleton Public Library's [Small Business - Big Impact](#), in a Spanish speaking event on finances and business loans Monday Jan 25, 6.30-8.00. Register/Registrarse: <http://bit.ly/wwbicfinanzas0125>

#### 4-H Youth & Science - Sarah Thompson

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#### Human Development & Relationships/Health & Well Being - Mandi Dornfeld

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- Grandparent drive through holiday event was a smashing success. 17 families received; breakfast in a box, dinner in a box, a food box of non-perishables from St Joe's Food Program, gifts for their children, a decorate your own cookie kit, movie/hot chocolate/gift card and board game/puzzle. We will resume zoom meetings in early February until we can meet in person.
- In week two of our evening series of Taking Care of You Highlights, we have 16 participants
- ACE Interface has 50 registrants, there is still room if you want to attend  
<https://winnebago.extension.wisc.edu/2021/01/05/ace-interface-training-january-22nd-9am-to-12pm-via-zoom/>
- Our Trauma Informed Care Steering committee is hosting two roadmap orientations  
<https://winnebago.extension.wisc.edu/2021/01/05/trauma-informed-roadmap-orientation-training-february-1st-23rd/>
- Youth Advocacy Network is hosting a Human Trafficking presentation  
<https://winnebago.extension.wisc.edu/2021/01/13/youth-advocacy-network-of-the-fox-cities-youth-meeting/>
- I'm working a reduced schedule due to partial medical leave but am keeping teaching commitments as I am able to.

#### Horticulture - Kimberly Miller

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- Continuing to teach the Foundations in Horticulture class and labs. Class is in the homestretch. The class will continue until the end of January 2021.
- Continuing to engage the local Master Gardener volunteers through zoom meetings, including but not limited to the Business and Board meetings. An annual awards banquet is usually held in Dec., but due to the change in the reporting year and requirements the timing was not right for awards. Therefore, a virtual banquet was held recognizing all the good efforts of the MGVs this year, giving them the opportunity to come together and celebrate.
- Work continues on developing a proposal for a new volunteer opportunity to engage participants during COVID-19 and beyond. We have approval to move forward and know that this will be rolled out statewide, not just in the county.
- Planning for the 2021 garden season has started. Registration materials are being developed.

Conference partners have made the formal decision to cancel the 2021 Landscape Professionals Conference due to COVID-19. We will reschedule for 2022 and look forward to a time when we can gather in person.

## Agriculture - John Thompson

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- **Zoom Meetings - Planning of Programming:**
  - Crisis on the Farm Webinar Series - No February Webinar
  - Crops & Soils - Planning Spring Agenda
  - Pesticide Applicator Training (PAT) - Up and running
  - Provided Educational Material to the Meat Animal Board
  - Northeast WI Agronomy Day - Scheduled for February 25, 2021; flyers will be coming out
- **Webinars Attended:**
  - Practical Farmers of Iowa - Cover Crops
  - Grassworks (Grazing Group) - January Monthly
- **Webinars Scheduled to Attend:**
  - Grassworks - Monthly
- **Zoom Presentation**
  - Presenting to Meat Animal Board for Winnebago Youth in market animal projects on Selecting Market Animals
- **Fielded Phone Calls and Emails from Producers about the Following Concerns & Issues:**
  - 2021 Fertilizer Prices
  - Assist in developing herbicide programs for corn & soybeans
  - Assist in selecting corn & soybean varieties for upcoming season
  - Grazing questions pertaining to fencing and stocking rates