



## Extension Winnebago County Review

MAY 2022

*The Extension Winnebago County team continues to extend research-based information and provide outreach education programs to the residents of Winnebago County and beyond. Please take a few moments to explore some of the highlights of the last month.*

### **4-H Youth Development - Dana Berger** [dana.berger@wisc.edu](mailto:dana.berger@wisc.edu)

- Volunteer Appreciation Luncheon / Foods Project Education was successful. We had a small group but the youth from the foods project did a great job in learning about food service and plating.
- 2022 Award Winners Chosen:
  - Key Awards: Kyle Domke and Nate Piper
  - Winnebago County 4-H Leaders' Association Scholarship: Maria Zillges
  - Judith Gruscinsky Memorial Scholarship: Amanda Beck
  - Ashton Simpson Memorial Scholarship: Josh Stone
  - Crowley Dairy Leadership Award: Lindsey Eberle
- YAC (Youth Advisory Committee) will be providing hands-on workshops in various project areas May-July.
- 4-H Youth Ambassadors are working on building a Fair display to promote 4-H.
- Dog Project obedience classes are underway. This project group has now formalized and chartered.
- Dairy Project has been meeting regularly to provide youth with education and field trip experiences. This project group has formally chartered as well.
- Met with White Cedars and Plain V-U 4-H clubs to evaluate and present them with WI 4-H Movement Certificates.
- 4-H Foods Review took place. Youth prepared dishes for judging, learned chopping skills from professional chefs, and practiced those skills in a fondue competition.
- Camp is just over a month away! Our camp is full with about 90 campers, 22 youth counselors, and 15 volunteer chaperones.
- Continued work on state work groups with volunteer training and programming, make and take project boxes, and on the member services planning committee for the upcoming National Conference taking place in Madison in October.

### **4-H Youth & Science Educator-Sarah Thompson** [sarah.thompson@wisc.edu](mailto:sarah.thompson@wisc.edu)

- Presenting

## Community Development - Mia Ljung

[mia.ljung@wisc.edu](mailto:mia.ljung@wisc.edu)

- For the [April ColorBold Spotlight](#), I interviewed the “Brittle Daddies” Yaw Asaree and his business partner Orson Fornillie of [Sharay’s Ghana Style Brittle](#). Over the last two years, the product has been present at the Fox Valley farmers markets and a growing number of retail markets in Wisconsin. In this lively and informative conversation, we learned that their business is more than a sweet treat, it is also about Simplicity, Inclusivity, and Understanding. The interview has tracked 90 views already!
- Co-facilitated a Grant Writing Basics workshop for nonprofits, local businesses, or local government with two of my colleagues from neighboring counties.
- Started planning a team-building session with Future Neenahs’ new Executive Director, Sarah Wylie.
- Thanks to being awarded funding from the [Wisconsin Idea Internship Program](#) (WIIP), I recruited two part-time UW-Madison-based summer Communications Interns who will learn more about reaching underserved audiences, in collaboration with the [ColorBold Business Association](#).

## FoodWise - Kris Soper

[kristine.soper@wisc.edu](mailto:kristine.soper@wisc.edu)

- Completed work with all the Winnebago County Schools. I met with each of the schools I work with once a week for 6 weeks teaching MyPlate and healthy lifestyles.
- Continue work on the Food Security Effort for Winnebago County.
- Continue work with the Fair and Just team for Winnebago County.
- Completed a series with SOAR for Winnebago and Outagamie County. This series will continue throughout the year.
- Working on a virtual lesson for Keep Calm and Cook On.
- Planning on working with Oshkosh Schools gardens this summer. First meeting is 5/17 (Roosevelt).
- Planning a lesson with 4-H this month in Menasha.
- Continue my monthly lessons with Friendship Place in Neenah.

## FoodWise - Hannah Phillips

[hannah.phillips@wisc.edu](mailto:hannah.phillips@wisc.edu)

- 

## Agriculture - OPEN

- 

## Horticulture - OPEN

-

## Financial Education - Todd Wenzel

[todd.wenzel@wisc.edu](mailto:todd.wenzel@wisc.edu)

- Completed Rent Smart series at Oshkosh North High School for at-risk students.
- Began Rent Smart series at COTS Oshkosh location.
- Presented an info session on Rent Smart at Family Services Young Parent Conference for new or expecting parents 18-25 years old.
- Completed a financial capability presentation to graduating seniors at UWO.
- Presented Focus on Fathers “Take A Deep Breath” session as part of statewide online FoF series.
- Working with Justice Involved workgroup to finalize a financial capability presentation and resource for use statewide with incarcerated populations.
- Finalizing plans with Youth Forward Wisconsin colleagues to hold a community information and listening session in Winnebago County in early June.
- Completed Planning AHEAD curriculum training with Extension colleagues to utilize for financial planning for older adults.
- Represent Extension at Fox Cities Housing Coalition and Winnebagoland Housing Coalition monthly meetings.

## Human Development & Relationships/Health & Well Being - Mandi Dornfeld

[amanda.dornfeld@wisc.edu](mailto:amanda.dornfeld@wisc.edu)

- Conducted (in-person) Compassion Resilience training for 65 Boys and Girls Club-Menasha professionals.
- Began the 7 week Compassion Resilience series for 45 professionals on zoom bi-weekly, Friday Mornings.
- Hosted a Mental Health Diversity Presentation for 64 people on zoom featuring New Mental Health Connection Professionals.
- Completed our year-long internship program with Sarah.
- Planned the remainder of the year’s Grandparent support groups sessions with monthly, in-person gatherings without child care for 2022. We will reevaluate in the future.
- Facilitated a Real Colors workshop for 21 Winnebago County Professionals.
- Facilitated two series of Triple P Parenting Workshops on zoom for parents of Teens (gaining cooperation).
- Facilitate three series of Self-Compassion 101 to a total of 34 participants (zoom).
- Completed the Planning Ahead Training to use with the grandparenting and HCE audience.
- Facilitated a training on physical activity for the HCE membership.
- Completed the Sources of Strength Training Year with a Peer Leader Training in-person.