

JOB POSTING

POSITION TITLE: Peer Support Specialist - LTE

LOCATION: Human Services – Behavioral Health Services

<u>HIRING RANGE</u>: \$20.61 - \$22.90 /Hr.

STATUS: Full time

HOURS PER WEEK: 40

<u>WORK HOURS</u>: 8 am – 4:30 pm

APPLICATION DEADLINE: Recruitment will be ongoing

Current Winnebago County employees interested in applying for this position will need to complete the Winnebago County Application for <u>Internal Department Transfer Form.</u> Other parties interested in applying for this position will need to complete the <u>Winnebago County Application for Employment.</u>

WINNEBAGO COUNTY POSITION DESCRIPTION

September 2017

POSITION TITLE: Peer Support Specialist

DEPARTMENT: Human Services – Behavioral Health Services

PAY BASIS: Hourly

PURPOSE AND SUMMARY:

To engage and encourage mental health and/or substance abuse peers in recovery, sense of community and belonging, supportive relationships and valued roles. To promote wellness, self-direction and recovery focus, enhancing the skill and ability of peers to meet their chosen goals. View and engage peers as equals.

ESSENTIAL FUNCTIONS:

1. Supports Behavioral Health Consumers to self-determination and advocate for their needs and desires by providing an environment of recovery, wellness and hope.

- 2. Encourages peers to become self-directed, focus on their strengths, exercise use of natural supports, develop their own recovery goals, and strengthen valued roles within their community.
- 3. Encourages peers to construct their own recovery and wellness plans which also include proactive crisis plans.

ADDITIONAL ESSENTIAL DUTIES:

- 1. Partners with Behavioral Health consumers to identify and connect with resources.
- 2. Support Behavioral Health consumers who seek to identify goals, dreams and desires for their wellness, recovery and/or futures.
- 3. Explores with peers their experiences and support these individuals in getting appropriate resources for help.
- 4. Supports peers in crisis to explore options that may be beneficial to returning to emotional wellness.
- 5. May accompany or provide transportation to behavioral health consumers to appointments, meetings or community resource settings in an effort to support the consumers goals.
- 6. AppliesTrauma Informed Care principles and practices, with a strong commitment to fostering a positive healthy work culture.
- 7. Performs other duties as may be assigned.

WORK RELATIONSHIPS:

- 1. Reports to CSP/CCS Supervisor.
- 2. Works with consumers, CSP and CCS-Team Case Mangers, Mental Health Technicians.

REQUIRED EDUCATION, EXPERIENCE, TRAINING, AND CERTIFICATION:

- 1. Certified Peer Specialist Training and Certification and familiarity with recovery values and principles.
- 2. Lived experience with psychiatric and substance use disorders, strong emotional distress and/or trauma.
- 3. Experience in providing peer support.
- 4. Must have the ability to freely move in the community. (Such as through the possession of a valid driver's license or other means.) Access to a vehicle is desired.

KNOWLEDGE, SKILLS, AND ABILITIES:

- 1. Willingness to facilitate groups and engage in advocacy.
- 2. Knowledge of community resources.
- 3. Ability to work independently but utilize supervisor for advice, direction and general consultation when necessary especially about ethics, boundaries and confidentiality. Ability to effectively plan and organize work.

- 4. Ability to establish and maintain effective working relationships with agency staff and agency resources.
- 5. Possesses effective and strong written and verbal communication skills including listening skills.
- 6. Knowledge of computer applications helpful.
- 7. Ability to access transportation on a regular basis.
- 8. Assist with delivery of medications to peers if necessary.
- 9. Working knowledge and understanding of Trauma Informed Care preferred.
- 10. Ability to effectively address and resolve conflict and to manage stress in a professional manner.

PHYSICAL REQUIREMENTS:

- 1. Ability to access persons served and their support services. Residential settings may include steps.
- 2. Ability to perform most work from a sedentary position, sit for extended periods of time, frequently stand and walk.
- 3. Ability to function in situations encountered in a normal office setting.
- 4. Ability to use standard office equipment including telephone, computer, printer, photocopier, and scanner.
- 5. Ability to travel to other County departments and locations.