

**WINNEBAGO COUNTY  
AGING & DISABILITY RESOURCE CENTER (ADRC) COMMITTEE**

**MEETING MINUTES**

**DATE:** August 10, 2015

**TIME:** 3:00 p.m.

**PLACE:** Oshkosh Human Services Bldg., Room 33

**Members Present:** Debra Hogue, Eileen Leinweber, Donna Lohry, Mike Norton, Rob Paterson, Harold Singstock and Claire Steger

**Members Excused:** Ginger Beuk

**Staff Present:** Mary Krueger, Brian Nagler, Mark Weisensel, Shannon Hurlbut, Melissa Mader and Dorothy De Grace

**Others Present:** Larry Lautenschlager, County Board; Lori Duclon, Public Health Department; and Tania Spoffard, Goodwill Industries

Donna Lohry called the meeting to order at 3:00 p.m.

**1. Introductions:**

Introductions were made.

**2. Public Comments:**

There were no comments.

**3. Approve Minutes of the June 8, 2015 ADRC Meetings:**

Rob Paterson moved for approval of these minutes; seconded by Larry Lautenschlager. With a typographical correction on page 2, the motion carried.

**4. A Day in the Life of an Adult Protective Service (APS) Worker :**

Shannon Hurlbut said there has been an upward trend in referrals to APS for adults having mental health and AODA issues. Most often the referrals are from service providers or the Police Department. An individual must be willing to receive services or would need to be incompetent for the APS worker to obtain a court order for services along with legal guardianship. Sometimes the individual already has an activated power of attorney for health care. The APS worker does a competency evaluation; checks to see if the individual is already receiving some services or needs a referral to the ADRC for an assessment; and checks to see if an emergency protective placement (EPP) needs to be completed. An Elder Abuse & Adult-at-Risk Inter-Disciplinary Team comprised of several agencies from the county, including the Sheriff, Police, Fire and Veterans departments and our Crisis Team meet to discuss issues such as EPP's; what are acceptable referrals; and what constitutes an adult-at-risk referral. It helps keep communication open between them.

**5. 2015 – 2017 Proposed State Budget (Local/State Advocacy) Update/Action:**

Mary Krueger said since there will be changes made to Family Care and IRIS, the Department of Health Services (DHS) needs to get approval from the Centers for Medicare & Medicaid Services (CMS) for a change in the waiver within the next two years. The state is considering having IRIS operating under an Integrated Health Agency (IHA) where they would need to provide both long term care services and medical services. Services will be either managed by a team or have a self-directed approach. Any current Managed Care Organization (MCO) could apply to become an IHA if they meet the requirements. It's projected that there will be at least two IHA's in each of the designated regions of the state. The Joint Finance Committee has required DHS to have at least two public hearings for input, but the dates haven't been determined.

Mary Krueger said there will be stakeholder involvement in the changes, but she doesn't know how or when that would occur. The Joint Finance Committee has required state staff to come back with several reports: 1) due April 2016 – a report explaining if it makes sense to incorporate the duties of ADRC's and Income Maintenance in processing Medicaid applications; 2) due July 1, 2016 – a report looking at the roles of Governing Boards as described in the statutes; and 3) due January 1, 2017 – a report on the functional screens and enrollment counseling for consistency and reliability in how we do our work.

**6. Falls Prevention (Information Sharing):**

Lori Duclon shared Part 1 and Part 2 of a video that was prepared by Public Health Department regarding information on falls prevention. The video shows that changes occur with the body as a person ages, which could put individuals at risk of falling. Research has found that regular physical activity is the one factor that offers some protection against falls, because it strengthens muscles and improves balance. According to the National Institute of Health some adults aged 65 and older report difficulty with balance, which is due to a decline in lower body strength and stability. The National Institute on Aging has a free guide available called, "Exercise & Physical Activity," which gives detailed instructions on lower strength and balance exercises, as well as flexibility exercises. Public Health Department offers a strong bones class called, "Stay Active, Be Confident."

**7. Neighbor Care (Information Sharing):**

Tania Spoffard said they partner with the ADRC's of Brown, Outagamie and Winnebago counties for the Neighbor Care project, which started in 2014. It is partly funded with a basic needs grant through the Community Foundation of the three counties. They try to engage local citizens in helping their neighbors be able to age in their homes longer. The idea is to understand what the individual can do for himself, what neighbors can do together, and identify when to ask other agencies for help. Tania invites agencies, organizations, law enforcement, or businesses to discuss how to make aging-friendly communities through collaboration. They are currently focusing on a pilot community in each of the three counties for the project. They bring volunteers into neighborhoods for informal gatherings and invite residents to socialize, build relationships and identify their needs. The goal is to develop a network of neighbors who want to help each other. It was suggested that Tania look at the rural areas for her project because of the isolation factor.

**8. Reports:**

- a. ADRC Manager Report – Mary Krueger reported on the following: 1) The “Hub” is a group of agencies in Oshkosh that meet to find a way to provide an advocate to help develop a self-sufficiency plan for individuals that need emergency assistance. The Human Services Department contracts with Advocap to provide poverty case management to those individuals, and the United Way provides some funds to Advocap to provide emergency assistance. The Hub group is looking at combining the two efforts with the help of volunteers as advocates to meet with the individuals in moving forward with a plan. They will share a data base with a list of the individuals, which will prevent duplication of assistance. 2) We will soon be completing the first year of working to create more successful care transitions. There are three committees that have been helping move forward with the concept by creating support, getting resources, and looking at changing the structure. Members of the committees are people in health care, nursing home staff, pharmacy staff, provider agencies, etc. 3) The Long Term Care Advisory Council meetings for March and May were cancelled, but they met in July with some newly appointed members and a new focus around dementia friendly communities, looking at strategies related to employment for people with disabilities and supports to keep people healthy and safe in their communities.
- b. Committee Member Updates – Mike Norton reported that Lutheran Homes is the first agency in the U.S. to receive rickshaws for the “Cycling without Age” program. Volunteer pilots will give rides to seniors.
- c. Complaints/Grievances – There were none to report.

**9. “Community Beat”:** There was none to report.

**10. Next Meeting: September 14, 2015:**

With no further business, Mike Norton moved for adjournment; seconded by Claire Steger and carried at 4:50 p.m. The next meeting of the ADRC Committee will be held at 3:00 p.m., Monday, September 14, 2015 at the Oshkosh Human Services Building, Room 33.

Respectfully submitted: Dorothy De Grace, Recorder