

**WINNEBAGO COUNTY
AGING & DISABILITY RESOURCE CENTER (ADRC) COMMITTEE**

MEETING MINUTES

DATE: October 12, 2015

TIME: 3:00 p.m.

PLACE: Oshkosh Human Services Bldg., Room 33

Members Present: Ginger Beuk, Debra Hogue, Mike Norton, Rob Paterson, Harold Singstock, and Claire Steger

Members Excused: Eileen Leinweber and Donna Lohry

Staff Present: Mark Weisensel, Brian Nagler, and Dorothy De Grace

Others Present: Holly Konitzer, Advocap's Nutrition Program Director; Larry Lautenschlager, County Board; and Tom Otto, interested citizen

Mark Weisensel called the meeting to order at 3:00 p.m.

1. Introductions:

Introductions were made.

2. Public Comments:

Mark Weisensel handed out copies of the 2016 ADRC Resource Directory. We collaborated again with 44 Degrees North Marketing & Design Agency, and they printed 10,000 copies for us at no cost again. We will distribute them around the county.

3. Approve Minutes of the September 14, 2015 ADRC Meetings:

Mike Norton moved for approval of these minutes; seconded by Claire Steger and carried.

4. Winnebago County/Advocap Nutrition Program:

Holly Konitzer explained the three programs that are operated through Advocap: a) The Emergency Food Assistance Program (TEFAP) is a state administered federal program. Once a month a truckload of food is delivered to Advocap from venues contracted with the state for disbursement to nine area food pantries, shelters and the Salvation Army. Food is also donated by area restaurants, bakeries, grocery stores and individuals. Anyone whose income is less than or equal to 185% of the federal poverty level can obtain food from one of the locations. b) The Community Gardens Program is a collaboration of several agencies in organizing available plots of land for individuals to rent for use in planting gardens. Advocap assists by applying for funding. c) The Nutrition Program is funded by Winnebago County, state & federal dollars, the United Way--Fox Cities, block grants through the cities of Oshkosh and Neenah, and donations from meal participants. Hot nutritious meals are provided Monday through Friday (frozen meals are an option for weekends). The meals are considered to be 1/3 of the daily requirement.

Advocap uses Canteen for their meals in Neenah, Menasha and Oshkosh; Pickett Community Center prepares the meals for Pickett, Omro and Winneconne. Any person or someone married to a person 60 years of age or older may be served at a meal site. All residents living in facilities where a meal site is located are eligible regardless of age. Home-delivered meals are provided to those who qualify and are unable to attend a meal site. A waiver form can be completed for a disabled person to receive the meals. A suggested donation of \$3.50 per meal is voluntary, but essential to sustain the program. Advocap is predicting to serve about 105,000 meals this year.

5. Discussion of Respite Care for Family Caregivers:

As a continuing discussion from the last meeting, Claire Steger introduced her thoughts regarding respite for in-home caregivers. Her suggested goals include: develop a systematic strategy to find or identify caregivers that provide more than 21 hours of caregivers per week including some medical procedures; develop a respite care profile; grow respite care funding, and identify national and state respite care pilot programs. Discussion followed. Brian Nagler shared information that he learned at a training session about the Share the Care Program. Share the Care is a group that meets as a team to discuss how they will share the care of an individual. The goal is to have the whole group provide care giving on the basis of what each of them can do individually.

6. Reports:

- a. Committee Member Updates – Ginger Beuk reported on her attendance at a recent meeting regarding the changes to Family Care, IRIS, and the ADRC's where the group suggested that the ADRC's should not be dismantled or changed because they do so much for the community.

7. "Community Beat": There was none to report.

8. Next Meeting: November 9, 2015: The date of the next meeting was noted.

With no further business, Mike Norton moved for adjournment; seconded by Ginger Beuk and carried at 5:15 p.m. The next meeting of the ADRC Committee will be held at 3:00 p.m., Monday, November 9, 2015 at the Oshkosh Human Services Building, Room 33.

Respectfully submitted: Dorothy De Grace, Recorder