



# Breastfeeding Peer Counselor



## Mom to Mom Support

Hi! I'm Alex

I am a mother of 6 children, all who have had different breastfeeding journeys. Some of my children exclusively latched and others I exclusively pumped my milk and bottle fed. Each journey was rewarding and special for both me and my baby!

As a peer, I am here as another mom to help you reach your long and short-term breastfeeding/pumping goals. I am here as a form of support for when times get tough and when times are great! I will work with you through your pregnancy and breastfeeding journey to make sure that you and your baby are getting the breastfeeding support and education that you need.

Please feel free to contact me with any of your breastfeeding questions, concerns, or if you need some extra support.

**Text or call anytime 920-765-4375**

**Email: [aeisele@winnebagocountywi.gov](mailto:aeisele@winnebagocountywi.gov)**

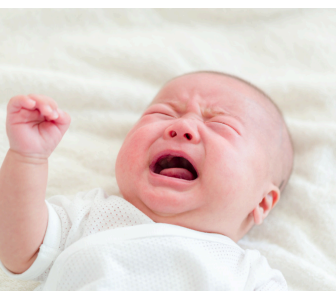


**Public Health**  
Prevent. Promote. Protect.  
Winnebago County, WI

This program is an equal opportunity provider.



## **Free Breastfeeding Zoom Class and Educational Videos**



### **Understanding and caring for your newborn.**

Babies certainly communicate. If only they could speak our language! They talk with their bodies, and you can learn “to hear” and understand their body talk!



For more information and to sign up for the free class visit [wchd.pub/hugyourbaby](https://wchd.pub/hugyourbaby) or scan this QR code.

This program in an equal opportunity provider