

FALLS RISK ASSESSMENT

FALLS DON'T HAVE TO HAPPEN.

Falls are common but preventable. Let our trained staff provide a FREE, in home visit to conduct a falls risk assessment.



What is included in a falls risk assessment?

A public health registered nurse visits your home to:

- Discuss your health history (past falls, blood pressure, medication, vision)
- Assess physical home conditions (rugs, grab bars)
- Provide education (tips, resources, and available classes)
- Connection to community resources
- Telephone check-in one month after your visit



How can you benefit from a falls risk assessment?

- Explore ways to build strength and balance
- Review potential risks in your home to decrease the chance of falling
- Provide tips for improving the safety of your environment and lifestyle
- Develop a plan for staying healthy and active



Public Health
Prevent. Promote. Protect.
Winnebago County, WI

For more information or to schedule your visit, please contact Winnebago County Public Health:

Phone: 920-232-3000

Email: health@winnebagocountywi.gov

Website: www.winnebagocountywi.gov/health