# LIVE YOUR LIFE WELL.

Winnebago County Public Health is here for you.

Winnebago County Public Health offers many services and resources to help you live a healthy life. Most of the services we offer are free for Winnebago County residents (eligibility requirements may apply). Give us a call, email, or stop by to learn what public health can do for you!



## **SERVICES & PROGRAMS FOR OLDER ADULTS:**

### Wisconsin Well Woman Program (WWWP)

WWWP helps women 40 and older, with little or no health insurance, get free breast and cervical cancer screenings. Winnebago County Public Health coordinates the program for the following counties: Green Lake, Outagamie, Sheboygan, Fond du Lac, Marquette, Waupaca, Waushara, Calumet, and Winnebago. Women ages 35-39, with symptoms and concerns, may also be eligible.

#### **Wellness Plus Classes**

Our Wellness Plus classes are researched and tested to help participants self-manage their health. They also provide social connections and enhance the quality of life. Classes are offered year-round at locations across the county. For a schedule of current classes, visit: wchd.pub/wellnessplusclasses.

#### In-Home Nurse Visits

Winnebago County Public Health nurses are available to come to your home and help manage chronic health conditions, identify ways to manage your medications, build confidence and independence, and provide additional resources.

#### In-Home Falls Prevention Assessment

Falls are common, but often preventable. Let our trained nurses conduct an in-home visit to assess the risk of falling in your house.

#### **Additional Services Include:**

- · Mental health resources
- Radon testing kits
- Vaccination referrals

The Aging and Disability Resource Center of Winnebago County also offers services for older adults. For more information, please call 877-886-2372 or visit www.winnebagocountywi.gov/adrc.

## **LEARN MORE!**

Visit: winnebagopublichealth.org

Sign up for our newsletter:

wchd.pub/publichealth happenings

## **REACH OUT!**

Email: health@winnebagocountywi.gov

Follow: facebook.com/WinnebagoHealth

Call: 920-232-3000

## **Stop by our offices:**

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