# Alcohol Use and Winnebago County High School Students

### What is the problem?

- 58.8% of students reported that they have had at least one drink of alcohol in their life.
- 16.8% of students reported that they had their first drink of alcohol before the age of 13.
- 29.7% of students reported that they had at least one drink of alcohol during the past 30 days.
- 17.1% of students reported binge drinking (5 or more drinks of alcohol in a row) in the past 30 days.
- 14.3% students reported attending school while under the influence in the past 30 days
- 47.8% of students reported they strongly disapprove or disapprove of people binge drinking once or twice each weekend.
- 26.1% of students reported that people their age would say it is okay(slight or no risk) to binge drink once or twice each weekend.
- 88.7% of students reported that they feel their parents think drinking alcohol at least twice a month is very wrong or wrong.

## What are the solutions?

K-12 skill-based health education Evidence-based alcohol prevention programs Trained staff Parent and community education Coordination of school and community-based efforts Regular assessment of alcohol prevention efforts

# What are some resources to help address the problem?

- SAMSHA Programs, <u>http://www.samhsa.gov/</u>
- National Clearinghouse for Alcohol and Drug Information <u>http://www.samhsa.gov/</u>
- National Institute on Alcohol Abuse and Alcoholism <u>http://www.niaaa.nih.gov/</u>
- Office of National Drug Control Policy <u>http://www.whitehousedrugpolicy.gov/</u>
- Treatment Finder <u>http://findtreatment.samhsa.gov</u>

### **Wisconsin Resources**

- Department of Public Instruction AODA Program <u>http://dpi.wi.gov/sspw/aodaprog.html</u>
- Wisconsin Clearinghouse for Prevention Resources <a href="http://wiclearinghouse.org">http://wiclearinghouse.org</a>
- CESA 6 Safe and Healthy Schools Network <u>www.cesa6.org</u>