

Alcohol Use and Winnebago County High School Students

What is the problem?

- **54.0%** of students reported that they have had **at least one drink of alcohol in their life.**
- **15.8%** of students reported that they had **their first drink of alcohol before the age of 13.**
- **27.5%** of students reported that they had at least one drink of alcohol during the **past 30 days.**
- **14.4%** of students reported **binge drinking** (5 or more drinks of alcohol in a row) in the past 30 days.
- **11.2%** students reported **attending school while under the influence** in the past 30 days
- **47.6%** of students reported they **strongly disapprove or disapprove of people binge drinking once or twice each weekend.**
- **25.3%** of students reported that people their age would say it is **okay** (slight or no risk) **to binge drink once or twice each weekend.**
- **89.4%** of students reported that **they feel their parents think drinking alcohol at least twice a month is very wrong or wrong.**

What are the solutions?

- K-12 skill-based health education
- Evidence-based alcohol prevention programs
- Trained staff
- Parent and community education
- Coordination of school and community-based efforts
- Regular assessment of alcohol prevention efforts

What are some resources to help address the problem?

- SAMSHA Programs, <http://www.samhsa.gov/>
- National Clearinghouse for Alcohol and Drug Information <http://www.samhsa.gov/>
- National Institute on Alcohol Abuse and Alcoholism <http://www.niaaa.nih.gov/>
- Office of National Drug Control Policy <http://www.whitehousedrugpolicy.gov/>
- Treatment Finder <http://findtreatment.samhsa.gov>

Wisconsin Resources

- Department of Public Instruction AODA Program
<http://dpi.wi.gov/sspw/aodaprogram.html>
- Wisconsin Safe & Healthy Schools Center <http://www.wishschools.org>
- CESA 6 Safe and Healthy Schools Network www.cesa6.org