

Ice and snow mean take it slow



Watch where you step



What footwear will you be wearing this winter?



Footwear with worn out tread.

To help avoid a slip and fall this winter, remember these key points:

- ☞ Wear footwear that provides good traction; avoid wearing improper footwear such as high heels outside during bad weather conditions.
- ☞ Do not carry too many items that will create an additional hazard.
- ☞ Watch where you're stepping; don't be distracted by texting or talking on your phone.
- ☞ Watch for icy patches in parking lots and on outside stairs.
- ☞ Take caution when entering and exiting your vehicle:



- ☞ Walk in designated walkways. Do not take any shortcuts.
- ☞ Adjust your pace to the surface conditions...slow down when it's snow-covered and/or icy. Walk safely (take short steps or shuffle your feet).
- ☞ Use railings or other stable objects when available.
- ☞ Clean up any snow or ice melt on interior floors right away.
- ☞ Help us remove snow/ice when you can – if your facility has snow shovels, salt and sand; they are for everyone to use. Safety is everyone's responsibility!!!