

Suicide and Winnebago County High School Students

What are the issues?

- **26.1%** of students reported feeling so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities.
- **18.6%** of students reported having seriously considered attempting suicide in the last 12 months.
- **16.1%** of students reported having made a plan about how they would attempt suicide in the last 12 months.
- **13.9%** of students reported having attempted suicide at least once in the last 12 months.

What are the solutions?

Gatekeeper training
Peer support groups
Educating parents and community members
Screening
Teaching adaptive skills
Student curriculum addressing suicide
Comprehensive Crisis Management Plan
Strategies for responding to a suicidal crisis
Trained staff

What are some resources to help address the problem?

Wisconsin Resources

- Department of Public Instruction - Youth Suicide Prevention http://sspw.dpi.wi.gov/sspw_suicideprev
- Mental Health America of Wisconsin <http://www.mhawisconsin.org/>
- Helping Others Prevent and Educate about Suicide <http://www.hopes-wi.org/>
- Wisconsin Safe & Healthy Schools www.wishschools.org
- CESA 6 Safe and Healthy Schools Network www.cesa6.org

National Resources

- Suicide Prevention Resource Center <http://www.sprc.org/>
- American Foundation for Suicide Prevention <http://www.afsp.org/>
- National Suicide Prevention Lifeline <http://www.suicidepreventionlifeline.org/>
- American Association of Suicidology <http://www.suicidology.org/home>